

# St. Columba School Wellness Policy

## Policy for 2023-2024 School Year

St. Columba School participates in the USDA school meal program. Our menus are posted daily and are balanced, nutritional, and inviting to eat.

Our chef is well versed in planning meals for our students. She serves specialties for special days, making everyone happy.

Nutritional posters are posted in the cafeteria area with healthy eating tips and physical activity suggestions.

Here at St. Columba School, it is our belief that wellness, healthy eating, physical fitness, and daily prayer make us #1 in academics and achievement.

Margaret Ledford, R.N. Margaret Ledford, R.N. 3/8/24

Kristyn Winn, Chef Kristyn Winn

Kevin Chick, Principal [Signature]